**Have your say - Self advocacy and accessing services across Wiltshire**

**Q.1 Are there any issues or problems you sometimes find hard to sort out? (Tick as many as you want)**

|  |  |  |
| --- | --- | --- |
| **Yes – problems with benefits** | |  |
| **Yes – problems with housing** | |  |
| **Yes – my emotional/mental health support** | |  |
| **Yes – problems with my care and support** | |  |
| **Yes – problems with my health** | |  |
| **Yes – problems for the person I care for** | |  |
| **Other** |  | |
| **No – all fine** | |  |

**Q2. Do you find it difficult to access the services you need?**

|  |  |
| --- | --- |
| **Yes** |  |
| **No** |  |
| **Maybe/sometimes** |  |

**Q3. When you find things difficult do you have someone who can help you?**

|  |  |
| --- | --- |
| **Yes (Please circle) - Friend Family Member Support Worker Other** | |
| **No** |  |
| **Sometimes** |  |

**Q4. What would you find most helpful when accessing services in Wiltshire?**

|  |  |
| --- | --- |
| **Learning the skills and confidence to advocate more easily for myself**  **(self advocacy)** |  |
| **An independent adult (Advocate) I could call on to help me** |  |

**Q5. Would you like to feel more confident in accessing services and/or speaking to professionals?**

|  |  |
| --- | --- |
| **Yes** |  |
| **No** |  |
| **Maybe/sometimes** |  |

**Q6. If we offered you support to self-advocate, which of the following would be best suited to you? (Tick as many as you want)**

|  |  |
| --- | --- |
| **Group sessions** |  |
| **One to one coaching** |  |
| **Mixture of both** |  |
| **No preference** |  |

**Q7. Is there anything currently you need help with?**

|  |
| --- |
|  |

**Thanks for taking the time to complete this questionnaire**